

PRECRUISE LEG INFORMATION

Do NOT bring the following items on board the ship as they are strictly prohibited.

• Firearms
• Alcohol
• Illegal Drugs

Things ODP DOES Supply:

Things ODP Does NOT Supply:

Safety glasses (NOT prescription), hardhats	Coveralls
Hearing protection (when necessary)	Work clothes
Bed linens and towels	Work boots
Laundry bags and service	Soap
Work gloves	Shampoo
Limited cold-weather gear ONLY for high-latitude legs	Sunscreen
Paperback books	Candy
Various magazines	Chocolate
Movies, but the collection is variable and older	Rain gear
Some soft drinks	Film

GENERAL INFORMATION

Visas

- Business visas are not required.
- You are responsible for having the correct tourist or transit visas.
- Requirements may differ if arriving/departing by ship vs. airplane so **CHECK** with appropriate consulate or embassy.

Personal travel time

If your trip includes personal travel time before or after the cruise, you may require more time on your visa or a different visa altogether: **CHECK!!!** Otherwise you could be responsible for a delay at customs at the end of a long leg.

Money

United States currency (cash or traveler's checks) for use on ship (for e-mail, phone calls, and ship's stores [t-shirts, mugs, etc]).

Tip: ODP does NOT accept foreign currency or personal checks.

Dietary Issues

Any special dietary requirements should to be brought to our attention (contact the staff scientist) at least 4 months prior to the leg.

CHECKLIST OF ITEMS TO BRING TO THE SHIP

- ___ • Passport, ODP identification card, and ODP travel information
- ___ • ODP letter stating you are joining the cruise (important for port security).

- ___ • Backup media: JAZ, MO, Tape, ZIP, or CDs
- ___ • Work for slow periods, e.g., data for that paper you've been wanting to write.

- ___ • Soap, shampoo, toothpaste, tissues
- ___ • Sun screen or sun block
- ___ • Vitamins or other dietary supplements

- ___ • A small alarm clock or watch with an alarm. **Caution:** power in the cabins is 120 V & 60 cycle. It sometimes affects digital alarm clocks.
- ___ • Small flashlight
- ___ • Extra batteries for all battery powered equipment
- ___ • Backpack
- ___ • Sunglasses - as reflection off the water, clouds, and ice can be fierce.
- ___ • Extra pair of **prescription** glasses/sun glasses.
- ___ • If you require **prescription safety glasses**, you must provide those yourself.

- ___ • Sweater or jacket for indoors (air conditioning can be strong).
- ___ • Plain T-shirts for silk-screening leg logo at the end of the cruise (optional).

- ___ • Prescription medication (enough for two months at sea and travel).
- ___ • Necessary paperwork for medicines; some types are illegal in other countries.

- ___ • Camera and manual.
- ___ • Film (**not** available for purchase on ship).
- ___ • Macro lense if plan on taking core photos.
- ___ • 100 ASA 35 mm daylight balanced process E6 film for core photos.

- ___ • Steel-toed boots for rig floor (e.g., Co-chiefs, loggers, CORKers, etc.).
- ___ • Close-toed shoes are required for access to many areas of the ship.
- ___ • Old/tough clothes as you will probably get dirty (mud, grease, paint, etc.).
- ___ • Ship's laundry is efficient (clothes returned within 6 hr, and door-to-door service) but can be **hard** on clothing. Don't bring your favorite stuff.

Gym Items

- ___ • Extra towel (also for sunbathing)
- ___ • Workout clothes
- ___ • Shoes
- ___ • Water bottle
- ___ • Workout tapes. Some machines (but **not** all) play all formats of DVDs & VHS videos.

Items to make the trip more enjoyable

- ___ • Music (CDs or tapes)
- ___ • Family pictures
- ___ • Candy and/or chocolate
- ___ • Coffee (most labs have cappuccino machines and bean grinders)
- ___ • Herbal teas
- ___ • Dry fruit, etc.
- ___ • Laser discs and DVD movies

Tip: You can usually shop close to the hotel/ship for many of the above items before you board